



COURSES & WORKSHOPS

July – December 19

Date	Course/ Workshop
8th July	<p style="text-align: center;">Coffee Morning & Information Session Venue: Phoenix Primary School, Birchfield Road, L7 9LY 9.30-11.30am</p> <p>Come along for a cuppa and a chat at one of our regular information sessions run in partnership with our friends from Liverpool Parent Carer Forum.</p> <p>This week's session we will be discussing the available support from The Isabella Trust and Liverpool Parent Carer Forum. What we have planned for the next few months and information on some of our new courses and projects coming up.</p>
11th July 19	<p style="text-align: center;">Coffee Morning & Information Session Venue: Leamington Primary School, Leamington Road, L11 7BT 9.30-11.30am</p> <p>Come along for a cuppa and a chat at one of our regular information sessions run in partnership with our friends from Liverpool Parent Carer Forum.</p> <p>This week's session we will be discussing education issues.</p>
4th September	<p style="text-align: center;">Makaton Taster Session Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 10am – 11.30am</p>

	<p>This course gives a brief introduction to Makaton signs and symbols and teaches 30 signs/symbols and also the opportunity to practise using them to underpin spoken language. Participants receive a copy of the signs/symbols and a certificate from the Makaton Charity.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>9th & 16th September 19</p>	<p style="text-align: center;">2 day Understanding Autism Course</p> <p style="text-align: center;">Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB</p> <p style="text-align: center;">10am – 2pm</p> <p>This is an introductory seminar aimed at parents and carers who have a child who is awaiting assessment or has had a fairly recent diagnosis of autism for their child.</p> <p>The seminar provides parents and carers with an opportunity to discuss diagnosis, learn more about autism and communication, and understand how to access support. It aims to provide parents with opportunities to share experiences, strategies and approaches in order to help them understand their child and support them in the future.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>10th September 19</p>	<p style="text-align: center;">Managing Challenging Behaviour</p> <p style="text-align: center;">Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL</p> <p style="text-align: center;">10am – 2pm</p> <p>Behaviour is often misunderstood and we over look how the environment, our interaction or the structure impacts upon the person. So many incidents could be avoided if we understood what to do at what time. Often people do the right intervention but at the wrong time, then give up as its not working. Yet had they used the same approach at a different time the results could have been totally different.</p>

	<p>This workshop is about looking at how external and internal factors all impact on behaviour. How we look for triggers externally but overlook the internal triggers and how this is shown in the body. By learning about the assault cycle and the times we can divert a behaviour. This can hugely impact on peoples own health and wellbeing let alone the child's. This workshop will look at why you may have a day of incidents and how to stop that cycle.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>11th September 19</p>	<p style="text-align: center;">Coffee Morning & Information Session</p> <p style="text-align: center;">Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 10am – 12pm</p> <p>Come along for a cuppa and a chat at one of our regular information sessions run in partnership with our friends from Liverpool Parent Carer Forum.</p> <p>This week’s session we will be discussing visual support and the benefits. We will also have samples of the visuals available from The Isabella Trust.</p>
<p>12th September 19</p>	<p style="text-align: center;">Women & Girls on the Spectrum</p> <p style="text-align: center;">Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 9.30 – 12pm</p> <p>This course looks at the identification, characteristics and support needs of autistic girls from the early years through to becoming young adults.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>12th September</p>	<p style="text-align: center;">Social Stories</p> <p style="text-align: center;">Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 12.30 – 2.45pm</p>

	<p>Lynn McCann is the author of "Stories that Explain" (a collection of social stories for primary children) and has been writing social stories for over 12 years.</p> <p>This course teaches you how to write a social story using the specific structure advocated by Carol Gray. You will learn how to spot an ineffective social story and how to collect the right information to form your story focus.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>13th September 19</p>	<p style="text-align: center;">Coffee Morning & Information Session Venue: Knotty Ash Primary School, Thomas Lane, L14 5NX 10-12pm</p> <p>Come along for a cuppa and a chat at one of our regular information sessions run in partnership with our friends from Liverpool Parent Carer Forum.</p> <p>This week's session we will be discussing the available support from The Isabella Trust and Liverpool Parent Carer Forum. What we have planned for the next few months and information on some of our new courses and projects coming up</p>
<p>17th September 19</p>	<p style="text-align: center;">Coffee Morning & Information Session Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 6-8pm</p> <p>Come along for a cuppa and a chat at one of our regular information sessions run in partnership with our friends from Liverpool Parent Carer Forum.</p>
<p>19th, & 26th September & 3rd October 19</p>	<p style="text-align: center;">Understanding Autism Venue: Phoenix Primary School Birchfield Road Liverpool L7 9LY 10am – 12pm</p>

	<p>This is an introductory seminar aimed at parents and carers who have a child who is awaiting assessment or has had a fairly recent diagnosis of autism for their child.</p> <p>The seminar provides parents and carers with an opportunity to discuss diagnosis, learn more about autism and communication, and understand how to access support. It aims to provide parents with opportunities to share experiences, strategies and approaches in order to help them understand their child and support them in the future.</p>
<p>1st & 8th October</p>	<p style="text-align: center;">2 Day Beginners Makaton</p> <p style="text-align: center;">Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB</p> <p style="text-align: center;">9.30am - 3.30pm</p> <p>Day 1 of The Beginners workshop provides a comprehensive introduction to Makaton and how it can support communication together with learning signs/symbols from stages 1-2 of the Core Vocabulary (and half the Additional) - 120 signs/symbols. The day is varied with practical sessions and short lectures on how Makaton differs from BSL and also how to use Makaton signs/symbols to support learning/communication.</p> <p>On day 2 of the Beginners workshop participants will learn approximately an additional approximately 120 Makaton signs and symbols from stages 3-4 of the Core Vocabulary plus the Additional Vocabulary.</p> <p>Upon completion of the two day workshop you will have the confidence and skills to use the signs to support verbal communication on an everyday basis. You will also understand how Makaton differs from sign language and how to introduce signs/symbols to a child/adult with communication difficulties</p> <p>Each participant will receive the accompanying Makaton manuals and also certificate from the Makaton Charity.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>

<p>9th & 16th October 19</p>	<p style="text-align: center;">Pathological Demand Avoidance Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 10am - 2pm</p> <p>This course is delivered over 2 days, 10am until 2pm. The aim of the course is to provide attendees with an understanding of pathological demand disorder (PDA), some of the behaviours children with PDA may display and strategies that may support them.</p> <p>Through interactive learning sessions attendees will get the opportunity to experience and reflect upon the everyday challenges that children and young people with PDA encounter. Further to this, practical support strategies will be explored.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>23rd October 19</p>	<p style="text-align: center;">Autism & ADHD Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 9.30am – 12pm</p> <p>Increasing numbers of children are being diagnosed with both autism and ADHD. In this course you will learn how the two conditions present and interact in individual children.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>23rd October</p>	<p style="text-align: center;">Autism, puberty & growing up Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 12.30pm – 2.45pm</p> <p>This course provides an understanding of the issues and experiences around growing up that a young person with autism may experience. Lynn McCann shares some research, resources and practical ideas based on the work she has been doing with autistic young people over the years.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>

24th October	<p style="text-align: center;">Recognising & Managing Emotions Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 10am - 2pm</p> <p>An interactive workshop that focuses on interventions for recognising emotions and developing new skills for the child to self-manage</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
6th, 13th & 20th November	<p style="text-align: center;">Sensory Needs Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 6pm – 8pm</p> <p>This is a seminar aimed at parents who would like more information on sensory differences that their child may be experiencing.</p> <p>The seminar gives parents an introduction to the sensory systems and sensory processing. It explores the potential differences in sensory processing that might be experienced by children with autism.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
19th November 19	<p style="text-align: center;">Autism & Anxiety Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 9.30am – 12pm</p> <p>This course is aimed at parents and carers and looks at autism and anxiety. The aims of the course are to support parents and carers to help autistic children and young people understand their anxiety and provide strategies to enable them to manage it throughout their lives. The course includes practical activities and resources that help.</p>

	<p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>19th November 19</p>	<p style="text-align: center;">Autism & Transition Venue: Walton Nursery & Early Years Centre, 99 Cavendish Drive, Walton, Liverpool L9 1NB 12.30pm – 2.45pm</p> <p>The aims of the course are to support parents and carers to help autistic children and young people understand their anxiety and provide strategies to enable them to manage it throughout their lives. The course includes practical activities and resources that help and support the child or young person.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>21st & 28th November & 5th December</p>	<p style="text-align: center;">Sensory Needs Venue: Phoenix Primary School Birchfield Road Liverpool L7 9LY 10am – 12pm</p> <p>This is a seminar aimed at parents who would like more information on sensory differences that their child may be experiencing.</p> <p>The seminar gives parents an introduction to the sensory systems and sensory processing. It explores the potential differences in sensory processing that might be experienced by children with autism.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>23rd & 30th November</p>	<p style="text-align: center;">Pathological Demand Avoidance Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 10am – 2pm</p> <p>This course is delivered over 2 days, 10am until 2pm.</p>

	<p>The aim of the course is to provide attendees with an understanding of pathological demand disorder (PDA), some of the behaviours children with PDA may display and strategies that may support them.</p> <p>Through interactive learning sessions attendees will get the opportunity to experience and reflect upon the everyday challenges that children and young people with PDA encounter. Further to this, practical support strategies will be explored.</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>
<p>14th December</p>	<p style="text-align: center;">Recognising and Managing Emotions Venue: DCLP, 5 Shelmore Drive, Dingle, L8 4YL 10am – 2pm</p> <p>An interactive workshop that focuses on intervention for recognising emotions and developing new skills for the child to self-manage</p> <p>To request a place on this course please complete a booking request form at www.theisabellatrust.org/apply-for-course/</p>

For further information please contact us on

info@theisabellatrust.org